

# Physical Therapy Questions

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## QUESTIONS TO ASK PRIOR TO RECEIVING PHYSICAL THERAPY:

- What is your area of expertise?
- Are you certified?
- Is your facility one-on-one?
- Where will we meet? At the facility or at my home?
- How long will I need treatment?
- What will I gain from this treatment?
- Are there any exercises that I should be doing at home in between visits?