
















Recommended Preventive Services























The following list is based on the preventive services recommended by the [U.S. Department of Health and Human Services](#).

ADULTS

- Abdominal Aortic Aneurysm one-time screening for men of specified ages who have ever smoked 
- Alcohol Misuse screening and counseling 
- Aspirin use to prevent cardiovascular disease for men and women of certain ages 
- Blood Pressure screening for all adults 
- Cholesterol screening for adults of certain ages or at higher risk 
- Colorectal Cancer screening for adults over 50 
- Depression screening for adults 
- Diabetes (Type 2) screening for adults with high blood pressure 
- Diet counseling for adults at higher risk for chronic disease 
- HIV screening for everyone ages 15 to 65, and other ages at increased risk 
- Immunization vaccines for adults—doses, recommended ages, and recommended populations vary: 
 - » [Hepatitis A](#)
 - » [Hepatitis B](#)
 - » [Herpes Zoster](#)
 - » [Human Papillomavirus](#)
 - » [Influenza \(Flu Shot\)](#)
 - » [Measles, Mumps, Rubella \(MMR\)](#)
 - » [Meningococcal](#)
 - » [Pneumococcal](#)
 - » [Tetanus, Diphtheria, Pertussis](#)
 - » [Varicella](#)
- Obesity screening and counseling for all adults 
- Sexually Transmitted Infection (STI) prevention counseling for adults at higher risk 
- Syphilis screening for all adults at higher risk 
- Tobacco Use screening for all adults and cessation interventions for tobacco users 














Recommended Preventive Services

WOMEN

- Anemia screening on a routine basis for pregnant women 
- Breast Cancer Genetic Test Counseling (BRCA) for women at higher risk for breast cancer 
- Breast Cancer Mammography screenings every 1 to 2 years for women over 40 
- Breast Cancer Chemoprevention counseling for women at higher risk 
- Breastfeeding comprehensive support and counseling from trained providers, and access to breastfeeding supplies, for pregnant and nursing women 
- Cervical Cancer screening for sexually active women 
- Chlamydia Infection screening for younger women and other women at higher risk 
- Contraception: Food and Drug Administration-approved contraceptive methods, sterilization procedures, and patient education and counseling, as prescribed by a healthcare provider for women with reproductive capacity (not including abortifacient drugs). This does not apply to health plans sponsored by certain exempt “religious employers.” 
- Domestic and interpersonal violence screening and counseling for all women 
- Folic Acid supplements for women who may become pregnant 
- Gestational diabetes screening for women 24 to 28 weeks pregnant and those at high risk of developing gestational diabetes 
- Gonorrhea screening for all women at higher risk 
- Hepatitis B screening for pregnant women at their first prenatal visit 
- HIV screening and counseling for sexually active women 
- Human Papillomavirus (HPV) DNA Test every 3 years for women with normal cytology results who are 30 or older 
- Osteoporosis screening for women over age 60 depending on risk factors 
- Rh Incompatibility screening for all pregnant women and follow-up testing for women at higher risk 
- Sexually Transmitted Infections counseling for sexually active women 
- Syphilis screening for all pregnant women or other women at increased risk 
- Tobacco Use screening and interventions for all women, and expanded counseling for pregnant tobacco users 
- Urinary tract or other infection screening for pregnant women 
- Well-woman visits to get recommended services for women under 65 

Recommended Preventive Services







CHILDREN

- Alcohol and Drug Use assessments for adolescents 
- Autism screening for children at 18 and 24 months 
- Behavioral assessments for children at the following ages: [0 to 11 months](#), [1 to 4 years](#), [5 to 10 years](#), [11 to 14 years](#), [15 to 17 years](#).
- Blood Pressure screening for children at the following ages: [0 to 11 months](#), [1 to 4 years](#), [5 to 10 years](#), [11 to 14 years](#), [15 to 17 years](#).
- Cervical Dysplasia screening for sexually active females 
- Depression screening for adolescents 
- Developmental screening for children under age 3 
- Dyslipidemia screening for children at higher risk of lipid disorders at the following ages: [1 to 4 years](#), [5 to 10 years](#), [11 to 14 years](#), [15 to 17 years](#).
- Fluoride Chemoprevention supplements for children without fluoride in their water source 
- Gonorrhea preventive medication for the eyes of all newborns 
- Hearing screening for all newborns 
- Height, Weight and Body Mass Index measurements for children at the following ages: [0 to 11 months](#), [1 to 4 years](#), [5 to 10 years](#), [11 to 14 years](#), [15 to 17 years](#).
- Hematocrit or Hemoglobin screening for children 
- Hemoglobinopathies or sickle cell screening for newborns 
- HIV screening for adolescents at higher risk 
- Hypothyroidism screening for newborns 
- Immunization vaccines for children from birth to age 18 –doses, recommended ages, and recommended populations vary: 
 - » [Diphtheria, Tetanus, Pertussis](#)
 - » [Haemophilus influenzae type b](#)
 - » [Hepatitis A](#)
 - » [Hepatitis B](#)
 - » [Human Papillomavirus \(HPV\)](#)
 - » [Inactivated Poliovirus \(Polio\)](#)
 - » [Influenza \(Flu Shot\)](#)
 - » [Measles](#)
 - » [Meningococcal](#)
 - » [Pneumococcal](#)
 - » [Rotavirus](#)
 - » [Varicella](#)

Recommended Preventive Services

CHILDREN

(CONTINUED)

- Iron supplements for children ages 6 to 12 months at risk for anemia 
- Lead screening for children at risk of exposure 
- Medical History for all children throughout development at the following ages: [0 to 11 months](#), [1 to 4 years](#), [5 to 10 years](#), [11 to 14 years](#), [15 to 17 years](#).
- Obesity screening and counseling 
- Oral Health risk assessment for young children Ages: [0 to 11 months](#), [1 to 4 years](#), [5 to 10 years](#).
- Phenylketonuria (PKU) screening for this genetic disorder in newborns 
- Sexually Transmitted Infection (STI) prevention counseling and screening for adolescents at higher risk 
- Tuberculin testing for children at higher risk of tuberculosis at the following ages: [0 to 11 months](#), [1 to 4 years](#), [5 to 10 years](#), [11 to 14 years](#), [15 to 17 years](#).
- Vision screening for all children 





SENIORS

- Abdominal aortic aneurysm screening 
- Alcohol misuse screenings & counseling 
- Bone mass measurements (bone density) 
- Cardiovascular disease screenings 
- Cardiovascular disease (behavioral therapy) 
- Cervical & vaginal cancer screening 
- Colorectal cancer screenings 
- Depression screenings 
- Diabetes screenings 
- Diabetes self-management training 
- Glaucoma tests 
- Hepatitis C screening test 
- HIV screening 
- Mammograms (screening) 
- Nutrition therapy services 
- Obesity screenings & counseling 
- One-time “Welcome to Medicare” preventive visit 

Recommended Preventive Services

SENIORS

(CONTINUED)

- Prostate cancer screenings 
- Sexually transmitted infections screening & counseling 
- Vaccines:
 - » [Flu Shots](#)
 - » [Hepatitis B shots](#)
 - » [Pneumococcal shots](#)
- Tobacco use cessation counseling 
- Yearly “Wellness” visit 

Be sure to check with your state to see if they offer any additional preventive care options